

Bowles Rocks Year 6 Residential

Monday 18th – Friday 22nd January 2027



Aims

- To develop self confidence and independence through experiencing in an environment outside of the classroom.
- To create new and build upon existing relationships enabling a positive Year 6 and beyond.
- To create memories to last a lifetime!

Itinerary

Organisation: **Team Riverbridge** | Number of Groups: **5** | Instructors: **1** | Arrival Date: **11:00, 10 Mar 2023** | Departure Date: **16:30, 15 Mar 2023**

Session	Time	Riverbridge A	Riverbridge B	Riverbridge C	Riverbridge D	Riverbridge E
Friday 13 Mar						
Fri	17:00 - 18:30	Arrival	Arrival	Arrival	Arrival	Arrival
Fri	19:15 - 21:15	Night walk	Night walk	Harrisons Rocks	Harrisons Rocks	Team Ropes
Session	Time	Riverbridge A	Riverbridge B	Riverbridge C	Riverbridge D	Riverbridge E
Saturday 14 Mar						
Sat	09:15 - 11:00	Team Ropes	Archery	Climb	Orienteering Woods	Climb
Sat	11:00 - 12:30	Team Ropes	Teamwork	Climb	Orienteering Woods	Climb
Sat	13:45 - 15:30	Climb	Team Ropes	Teamwork	Archery	Orienteering Woods
Sat	15:30 - 17:00	Climb	Team Ropes	Archery	Teamwork	Orienteering Woods
Sat	19:15 - 21:15	Harrisons Rocks	Harrisons Rocks	Night walk	Night walk	Night walk
Session	Time	Riverbridge A	Riverbridge B	Riverbridge C	Riverbridge D	Riverbridge E
Sunday 15 Mar						
Sun	09:15 - 11:00	Orienteering Woods	Orienteering Woods	Team Ropes	Climb	Archery
Sun	11:00 - 12:30	Orienteering Woods	Orienteering Woods	Team Ropes	Climb	Teamwork
Sun	13:45 - 15:30	Archery	Climb	Orienteering Woods	Team Ropes	Harrisons Rocks
Sun	15:30 - 16:30	Teamwork	Climb	Orienteering Woods	Team Ropes	Harrisons Rocks
Sun	16:30 - 17:00	Departure	Departure	Departure	Departure	Departure

Potential Activities

These are the activities offered, however this will be tailored closer to our departure.

Please note: none of these are guaranteed.

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Skiing

Skiing is a great activity for all ages, all times of the day and all times of year. It is extremely active, fun and huge amount of progression can be seen from start to finish.

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Watersports day

A watersports day gives the groups a chance to take part in kayaking, open canoeing and raft building all in one action-packed day. This day has a huge amount of activity time due to the fact all the activities are done at the same very local venue.

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Rock climbing

Bowles is unique in having its own natural rock face onsite with hundreds of routes and climbs. Whether you have done rock climbing before at an indoor wall or this is your first time, Bowles rocks will be able to provide you with experience to last a lifetime.

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Low ropes course for residents

The Low Ropes course is an assault course which, despite its name, does have a couple of higher elements. The height of the Low Ropes is the perfect height to provide a good level of excitement

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Team building

The provision that Bowles has for team building has to be some of the best in the country. We have various team building areas across the site including our own woodlands that are covered in permanent high quality team building activities.

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Harrisons scrambling

Scrambling is high energy, exciting, active and challenging. The groups will take a short drive to Harrisons Rocks where they will climb under boulders, through tunnels, inside trees and up cliffs.

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Raft building

The students will be given a selection of equipment and then be set a challenge of building and paddling an improvised raft.

Outdoor raft building is limited to select times of the year but the indoor session can be run all year round.

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Leap of faith

The Leap of Faith is an activity where students will really push themselves and conquer challenges that they never thought possible.

Each person will get the opportunity to climb as

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Kayaking

Bowles has its own indoor heated swimming pool and access to local rivers and lakes. The pool is a perfect venue for colder months or a great introduction to kayaking before heading out for a full day on the river.

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Archery

Archery is fundamentally different from many of the traditional outdoor activities. We often find that people who have found other activities challenging often excel at archery.

Archery requires skills such as

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Orienteering

Orienteering is a classic outdoor activity that promotes skills such as map reading, using scales, measuring distance and reading a key in fun and exciting way.

We have three options for this activity

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Night walks & Nature games

These sessions allow the young people to experience the natural world from a different perspective. Both these sessions are based around a local walk but instead of just walking

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Potential Activities

These are the activities offered, however this will be tailored closer to our departure.

Please note: none of these are guaranteed.



High Ropes Course

This is an aerial assault course that is both high and tough. People will head round the course using 'cowstails' and carabiners to clip themselves in to overhead wires. It is impossible for them to unclip by accident.

The learning outcomes are

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Canoeing

Open canoeing is similar to kayaking but as we use two person boats, there is a large degree of teamwork and co-operation needed. The Bowles instructors will play games, teach skills and develop confidence within the group.

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Team challenge

An action-packed half day of problem solving and teamwork challenge.

There are 11 team-building challenges set within our woods. Groups will be given maps to navigate to different

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Bushcraft

Bushcraft is an excellent session where students will learn about fire-lighting and building their own fires. Depending on the length of the activity we may also cover water filtration methods too.

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Bouldering

Although our climbing sessions start with a small amount of bouldering, this is limited to around 30 minutes. If you would like a longer amount of time practicing climbing skills and building confidence a bouldering session would be a good choice.

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Relaxed evening sessions

Treasure Hunt, DVD, talent show, journal time, campfires

Our residential trips are action packed and the young people get very little time to stop and relax.

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Accommodation

- Children will sleep in dorm rooms with shared bathrooms.
- The beds come with bedding and this does not need to be brought with them.



Catering

- All meals are freshly cooked, balanced and will give your child plenty of energy to keep them going throughout the day.
- The kitchen staff will be informed of any dietary requirements before our arrival.
- All food needed will be provided, so there will be no need to send additional food or snacks.

Behaviour

- Behaviour expectations are in line with the school's policy.
- Please take time to discuss with your child, their behaviour and expectations before departure.

Kit List

Please label everything as it could get lost and not make it home!

- Comfortable shoes
- Clothes for all weathers (4 days worth)
- Towel and toiletries
- Waterproof and warm coat
- Gloves and hats
- A water bottle
- Book or a card game

A final kit list will be provided before departure.

Please do not pack

- Bedding
- Electrical devices (mobile phones, digital cameras, gaming devices or hair dryers)
- Jewellery
- Precious or expensive items
- Sweets
- Extra food
- Money - tbc

Medical

- Medical Information can be updated closer to the time should your child's needs change or they are having
- Medicines will need to be in a labelled plastic bag and dropped off by an adult on **the morning of departure.**
- Staff will have a list of children with medical needs based on the completed form.
- Please note medicine, even Paracetamol/Calpol/ Nurofen/Piriton, **cannot** be given to your child without written consent.

What to do next...

- You will receive an email regarding how to secure your child's slot on the trip
- This includes payment details, including a payment plan and deposit information
- This must be completed in the next two weeks.

Thank you for listening

If you have any further questions, please speak to any current Year 5 or 6 teacher who will be happy to help.

For anything child specific, please share with their class teacher beforehand.
Thank you!