



RIVERBRIDGE REVIEW

Spring Term

Week 23

13th February 2026

One of the school's 8 Great Ways to Being Our Best is the value of compassion. This week has been Children's Mental Health Week and we have been thinking of the different ways in which we can keep our minds healthy. There have been lots of examples to talk about and I have especially enjoyed seeing the artwork created. I hope that the children continue to make their physical and emotional health a priority.

The parent and carer meetings that took place this week were very well attended. I know that there are always some appointments that are unfortunately missed. These will be followed up after half term. From feedback after the meetings, it is clear that these were helpful and useful. I hope that you have been left with further clarity around how your child is progressing with their learning and also how you can support them too. Thank you for attending and thanks also to the staff for managing these so well.



Year 2 taking part in
Children's Mental Health
Week



Have a lovely Half Term break



Year 2 have been
celebrating Valentines
Day

Attached to this week's Review are the Spring 1 Being Our Best Awards. There are 46 names and 46 reasons why they have been selected for these certificates. This is well worth a read and will also be a source of real pride for those children that have been selected.

Very well done everyone!

The half term holidays have arrived and we are now officially half way through the school year. There is still a lot of learning to be done and I look forward to seeing the children continuing to develop when we return on **Monday 23rd February**. Please remember the gates (and classroom doors) open at **8.40am**. Have a great half term break!

At Riverbridge, we encourage children to take active ways to travel to school, such as walking, cycling or scooting. For most children, their journey to school is decided by parents and carers, so we would like to understand more about how your family choose to get to and from school. Therefore, we would appreciate you taking the time to fill in this survey about transport methods to and from school: <https://forms.gle/XpD7zD6DN7wpPeC4A>

Thinking Day / Founders Day 2026

Reception – Year 6

Children who are part of a uniformed organisation such as Rainbows, Brownies, Guides, Beavers, Cubs, Scouts and similar are able to wear their uniforms on **Monday 23rd February** in acknowledgement of Thinking Day / Founders Day.

Other dates the children are able to wear their uniforms are as follows:

Mon 2nd March - St David's Day (Sun 1st March officially)

Thurs 17th March - St Patrick's Day

Thurs 23rd April - St Georges Day

New Lunch Menus

Reception - 6

The new lunch menus are now available to pre-order on Scopay. Please look at the new options and select your child's lunches ahead of returning to school after half term.

It is important if your child is having a packed lunch that this is also added to Scopay, so we know a school dinner is not required.

As you now have the flexibility to swap between school dinners and packed lunch on different days, we do need to know if your child is having a packed lunch on that day, even if they have this on a regular basis.

Year 6 KS2 SATs Information Evening

Year 6

We would like to invite you to a **Year 6 KS2 SATs Information Evening** to help you understand what the upcoming assessments involve.

Date: Wednesday 4th March

Time: 6pm

Location: Park Avenue Hall

We understand that SATs can feel like a big milestone and our aim is to make sure both you and your child feel informed, prepared and confident. We hope you will be able to join us.

Year 3 P.E

Year 3

Due to staff being away on a residential trip, Year 3 P.E will not run on Friday 27th February, and will run on **Tuesday 24th February** instead.

Parking

Whole School

We have had further complaints from local residents about the parking down Park Avenue. Please can we, again, remind all parents and carers to be considerate when parking at drop-off and pick-up times. Please do not park across drive ways or in inconsiderate places. We have advised local residents that they are entitled to call the police if there is obstructive parking or any inappropriate behaviour.

Walking Home Permissions

Year 5 -6

From the 23rd February, children will be given permission again to walk home from Enrichment clubs again as the evenings become lighter. If you would like your child to walk home and have not yet done so, please complete the online form found on the school website. If you have any questions, please contact the school office.

Children's Mental Health Week

Whole School

This week was Children's Mental Health Week 2026. The theme of the week was "This is my place." Children all across the school were given a creative project to design a map of the places, people, clubs or hobbies that made them feel like they belonged somewhere. Our fantastic Mental Wellbeing Ambassadors from Year 6 Isla, Abbie, Amelie, Zeenia and Temi also recorded some inspirational videos and were on hand to support younger children with their projects.

Children's Mental Health Week

Year 5



The maps are a children's mental health activity to express 'This is My Place'. The three beakers and balloons are an experiment to see how yeast works and that it needs sugar to make bread rise. It culminated in 2 of the balloons flying off the top because of the amount of CO2 that was produced. GC made her beautiful 'dream home' as part of her termly project.

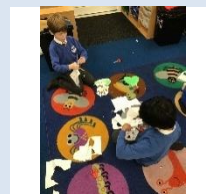


Children's Mental Health Week



For Mental Health Week, our Year 1 children used their creativity to design a special tree, illustrating the people, places and activities that help them feel safe, happy and loved. They loved sharing their ideas with classmates and creating something personal to them.

Year 1



Sponsored Scoot



The children enjoyed taking part in the sponsored scoot this week. There is still time to donate using the QR code included, or by completing the sponsor form below.

Whole School

DT

Moving Cars

Next half term, the children in Year 2 will be making moving cars in DT. For this, they will need to bring a box into school. The box should be about the size of an adult hand, eg. 15-20cm in length. Please send this in by Friday 6th March 2026.

Year 2



The children in Year 3 have been building up their sewing skills over the past few weeks and have learnt how to thread a needle, how to do whip stitch and running stitch, how to sew on a button and how to sew on a decoration. The children are very excited for next week, where they will be making their final product - a pencil case!

Year 3



PTA
FRIENDS OF RIVERBRIDGE

Riverbridge PTA is our school's fundraising community. Everyone's welcome to get involved!

Well done to all our Sponsored Scooters!

We've reached the end of Sponsored Scoot week and we hope all the children had a great time doing it!

Thank you to everyone who has donated sponsor money so far. As of Thursday night we have raised a fantastic £820 for the school.

If you haven't sent in your sponsor money yet, you can do so online at <https://pay.sumup.com/b2c/QV0U09QI> by Saturday 28 February - or by using the QR code shown.

Alternatively, complete the sponsorship form at the end of this newsletter, and return it to school with your sponsorship money by Friday 27 February. Thank you!

Are you running the Staines 10K for Riverbridge?

Have you registered to run for Riverbridge at this year's Staines 10K on Sunday 10 May?

We have 9 runners who have named Riverbridge PTA as their chosen charity online, including parents Chris Hodge, Chris Farey and Rachel Melton.

If you have registered to run for Riverbridge, please let us know - as we don't get told automatically.

And it's not too late to run for Riverbridge, even if you didn't select us as your charity when you first registered online. Just email us at pta.riverbridge@lumenlearningtrust.co.uk to let us know you would like to raise sponsor money by running for us, and we will be able to support your fundraising here in this newsletter and on our facebook page.

Marshalls needed for Staines 10K

If you can't run the Staines 10K but would still like to support, you can volunteer as a marshall on the day, either at Race HQ (Knowle Green) or around the course. It's a great and fun way to enjoy the day!

The more volunteers we can get from our school, the bigger the donation we will receive from Staines 10K funds.

If you're interested in being a marshall, let us know by emailing pta.riverbridge@lumenlearningtrust.co.uk

Stay connected with Riverbridge PTA

Follow Riverbridge PTA on Facebook at www.facebook.com/groups/RiverbridgePrimarySchoolPTA

or get in touch by email at pta.riverbridge@lumenlearningtrust.co.uk

Gold Leaves

Whole School

The children below have made a great end to the half term. I am sure that they feel really proud of the efforts they have made.

Keep these up after the holidays!

Elwood C	Dada W	Brendon GAP
Chris W	Kaveer B	Cara TC
Maame P	Jessie M	Tiyesh NM
Dollie P	Vincent W	Annie W
Chloe W	Willow RW	Jesse C
Blake M	Ramses DS	Nyla-Jean C
Yunus A	Naynika N	Abdullah M
Tyler F	Poppy V	Alex F
Romilly O	Adam B	Zoe N
Bianca DG	Kirat G	Harshitha SD

Rainbow Awards

Nursery

Well done also to the children below for the sensible choices being made!

Aisha Hameed P	Max AB	Daniel A
Anyia A	Ali Eyad C	

House Competition

Whole School

There have been two lots of points added to the house competition this week!

On Monday, the results of the 'Helping Others Award' were shared. Air were the victors (72 points) with Water a very close second (71 points). Fire were third – but not too far behind! (67 points).

On Friday the Being Our Best Cup was awarded. On this occasion Water came first (16 points) with Fire (14 points) and Air (12 points) following.

With 90 points added this week, the new totals are below

Can Air House and Fire House catch up as we approach the second half of the year?



**155
Points**



**155
Points**



**185
Points**

8 Great Ways to Being Our Best

Whole School

This year's assemblies have focused on people who have demonstrated any of the school's 8 Great Ways to Being Our Best.

We will find out about their life, how they overcame obstacles and how they demonstrated determination to succeed.

Wanda Diaz-Merced Astronomer



Connector Inclusive Thinker

This week, we were celebrating the amazing achievements of **Wanda Diaz-Merced**, an astrophysicist who has changed the way we explore space!

Wanda loved science and maths from a young age and dreamed of becoming a scientist. When she was in her early twenties, she lost her sight. Even though this was a big challenge, she did not give up on her dream. Instead, she found a new way to study the stars.

Wanda helped develop a special technique called *sonification*. This means turning data into sound. Instead of looking at graphs and pictures, she listens to sounds that represent space data. By hearing changes in pitch, rhythm, and volume, she can discover patterns and learn new things about the universe!

Her work has helped make science more accessible for people who are blind or visually impaired. She shows us that with creativity, determination, and resilience, we can overcome challenges and achieve great things.

She teaches us to never give up on our dreams, there is always more than one way to solve a problem and our differences can become our strengths!

'My advice to young people would be to remember that outstanding people do not become great overnight.'

Have a great half term.

We look forward to seeing everyone back at school – **8.40am** on **Monday 23rd February 2026!**

Paul Grimwood

Headteacher

Dates for the diary...

Spring Term 2026

Mon 16th – 20th Feb 2026

Mon 23rd February

Mon 23rd February

Weds 25th February

Thurs 26th February

Fri 27th February

Mon 2nd March

Weds 4th March

Thurs 5th March

W/C 9th March

Tues 17th March

Tues 17th March

Thurs 19th March

Sun 22nd March

Fri 27th March

Fri 27th March

Spring Half Term

Children return to school

Thinking Day / Founders Day 2026

Year 4 Residential Trip – more details to follow

Year 4 Residential Trip – more details to follow

Year 4 Residential Trip – more details to follow

St David's Day

SATs Information Evening

World Book Day

Nursery Stay, Play & Learn – more details to follow

Reception Woolley Firs trip- more details to follow

St Patrick's day

Reception Woolley Firs trip – more details to follow

PTA Easter Trail

No After School Club

End of term for children: 1.20pm KGB, 1.30pm PAB, 1.40pm Nursery

Mon 30th March – 10th April 2026**Easter Holidays****Summer Term 2026**

Mon 13th April

Thurs 23rd April

Tues 28th April

Weds 29th April

Mon 4th May

Mon 11th May

Weds 20th May

Children return to school

St George's Day

PAB class photos

KGB class photos

Spring Bank Holiday

Yr. 4 Swimming lessons start for **4P** only

PTA School Discos

Mon 25th – 29th May 2026**Summer Half Term**

Mon 1st June

Tues 2nd June

Tues 9th June

Weds 17th June

Fri 26th June

Weds 8th July

Mon 13th July

Mon 13th July

Children return to school

Year 1 Legoland trip – more details to follow

Year 6 Freshwater Theatre Shakespeare

Year 2 Hobbledown Trip – more details to follow

PTA Summer Fair

Year 6 Production

Open Classroom/Reception Drop In

Year 6 Lumen Olympics

Thurs 16th July

Fri 17th July

Fri 17th July

Mon 20th July

Tues 21st July

**Weds 22nd July – Weds
2nd Sept 2026**

Year 6 Party

End of term for children: 1.20pm KGB, 1.30pm PAB, 1.40pm
Nursery

No After School Club

Inset day 4

Inset day 5

Summer Holidays

Autumn Term 2026

Tues 1st Sept

Weds 2nd Sept

Thurs 3rd Sept

Inset Day 1

Inset Day 2

Children return to school

**Mon 19th – Friday 30th
Oct 2026**

Autumn Half Term

Mon 2nd Nov

Fri 18th Dec

Fri 18th Dec

Children return to school

End of term for children: 1.20pm KGB, 1.30pm PAB, 1.40pm
Nursery

No after school club

**Mon 21st Dec – Mon 4th
Jan 2027**

Christmas Holidays

Tues 5th Jan

Weds 6th Jan

Inset Day 3

Children return to school

Mon 15th – 19th Feb 2027

Spring Term 2027

Spring Half Term

Mon 22nd Feb

Thurs 25th March

Thurs 25th March

Children return to school

End of term for children: 1.20pm KGB, 1.30pm PAB, 1.40pm
Nursery

No after school club

**Fri 26th March – Fri 9th
April 2027**

Easter Holidays

Summer Term 2027

Mon 12th April

Mon 3rd May

**Mon 31st May – Fri 4th
June 2027**

Children return to school

Bank Holiday

Summer Half Term

Mon 7th June

Tues 20th July

Tues 20th July

Weds 21st July

Children return to school

End of term for children: 1.20pm KGB, 1.30pm PAB, 1.40pm
Nursery

No after school club

Inset day 4

Being Our Best Awards – Spring 1

Hedgehogs

Leo D

Compassionate

For encouraging his peers to care for and value our new nursery resources.
Leo is a great role model.

Yaqub O

Active

For beginning to engage in our weekly topics by sharing the story through questions and adult led activities.

Rabbits

Ollie B

Ambitious

For actively participating in all aspects of our weekly topics, demonstrating growing confidence in his contributions.

Megha S

Active

For sharing his new learnt knowledge about our weekly topics with his peers and adults.

RAN

Sienna E

Active

For taking an active role in phonics this term. She has worked hard to begin blending CVC words with increasing confidence.

RG

Ralf K

Active

For being an active learner daily.
Ralf always gets involved in conversations about our learning topics and adds valuable knowledge and ideas.

RHT

Sonny C

Inclusive

Sonny always includes others in his learning and play. He takes turns and shares happily. Sonny can be seen showing kindness to all the children in RHT.

Teddy W

Independent

For exploring his interest in each week's theme through writing great facts and sentences about different creatures.

Vigraha K

Thinker

For being a thinker and a connector. You have been focussed on building your knowledge in reading and writing and making connections between the two.

Isabel M

Active

Isabel is always enthusiastic about new learning. She thoughtfully engages in class discussions and happily shares her understanding with the class.

1BR

Isuf A

Ambitious

For your fantastic enthusiasm for learning and for continually pushing yourself to improve, particularly in your writing.

1C

Tommy M

Thinker

Tommy has been working hard this half term, using his thinking skills to help him solve problems and make good choices in his learning.

1D

Aarohi C

Ambitious

Aarohi has shown great independence within all areas of her learning this half term, challenging herself to overcome problems when faced with them.

Alisha-Maria N

Thinker

For always showing kindness to others and for making kind and responsible choices.

Nyla S

Ambitious

Nyla has shown great ambition this half term by challenging herself across the curriculum and never giving up when faced with a problem!

Jim R

Active

Jim brings a strong depth of knowledge to class discussions and is always thoughtful in explaining his reasoning.

2H

Vincent W

Ambitious

For working hard to improve his writing. Over the half term, Vincent has developed his handwriting and thinks more carefully about his ideas for sentences. This has helped him to write clearly and effectively. Well

2J

Kiana V

Active

This half term, Kiana has worked extremely hard in her lessons, specifically in writing. Kiana carefully thinks through her ideas and turns them into imaginative, detailed writing. Keep up the good work!

2P

Imogen G

Ambitious

For always ensuring you're trying your best to achieve your highest standard. You are always keen to challenge yourself!

done!

Sanuki K
Explorer

Since joining Riverbridge in September, Sanuki has put an exceptional amount of effort into everything she does. She is a fantastic explorer when learning and this has helped her succeed.

Well done!

3HT

Matthias B
Inclusive

For being a kind friend and always offering to support others in the classroom.

Chloe W

Independent

For developing great independence and confidence in her writing. Your ideas are absolutely brilliant, and we love seeing you grow in your learning.

3L

Venita C
Active

For always throwing herself into all learning and sharing so much enthusiasm for new information by asking lots of insightful questions.

George S

Active

For being dedicated to improving your writing this half term. You have shown that this is something you really care about.

3T

Sree Pranavi A
Ambitious

For consistently pushing yourself in all subjects and always trying to up-level your work in English.

Pippa A
Ambitious

For always making a superb effort with her learning and working hard to challenge herself.

Arhaan U
Connector

For contributing in all French lessons and making links between new French vocabulary and pre-existing English vocabulary.

Chloe M
Thinker

For thinking outside the box when making our fact file on Mary Anning and contributing new ideas during class discussions.

4GT

Alice L-J
Compassionate

For always looking out for others. Your peers shared how you will go above and beyond to help out with a smile. You are a role model for kindness - well done, Alice!

4K

Marli M
Ambitious

For consistently working hard to deepen your understanding, including doing extra work at home. Your writing is improving every day, well done!

4P

Theo M
Ambitious

For your enthusiasm for learning across the curriculum and for continually pushing yourself to improve, particularly in your writing.

Jacob M
Ambitious

For working incredibly hard this half term to apply new skills and knowledge across all the subjects. You should also be proud of the care you always take in your work!

Viyaan S
Thinker

For your excellent efforts in your learning this half term. You have thought about how you can demonstrate your understanding in every lesson.

Rowan A
Active

For your contributions to class discussions - your reasoning is always well thought out.

5G

Eymen O
Explorer

I have been so impressed this half term. You have put so much effort into all of your work, and asked very probing questions.

5I

Cara O
Compassionate

Cara, what a truly compassionate individual you are! Unfailingly kind and thoughtful to adults and children alike. This is combined with a fantastic work ethic and true ambition to be your best at all times.

5W

Bianca DG
Inclusive

Bianca is one of the kindest and most thoughtful pupils you could ask for! She is always there to help and support and has a wonderful personality which makes everyone in 5W happy, myself included. A real ray of sunshine every day!

Molly R-W
Ambitious

What a half term, Molly! You

Archie B
Ambitious

This term has seen a fantastic and

Dakshi NM
Independent

Dakshi is one of the most

have not backed down from any challenges, and have seen many successes.

significant increase in your ambition and independence. Your resilience has burgeoned and we love hearing your thoughts, ideas and connections during class discussions.

enthusiastic pupils you could wish to meet. She is the first one to answer questions, help others, be a good friend and engage in learning. Her enthusiasm is infectious and you can't help but be inspired by her.

6C

Miguel DSF

Compassionate

You have been a peacekeeper in Year 6! Many incidents have been defused because of your calm and compassionate approach to your peers.

6S

Veronika J

Active

Your active participation in sports representing the school in the girls' football team and being an amazing ambassador for Riverbridge.

6W

Asenat N

Independent

You are independent, trustworthy and reliable. You carry out responsibilities around the school with dedication and care. You can always be counted on to get the job done well!

Aarav P

Thinker

It has been a joy watching you passionately approach the computing coding sessions. Your perseverance led to many an 'aha' moment.

Leo C

Compassionate

For showing compassion and inclusivity in both the classroom and outside in the playground.

Jack D

Ambitious

Your dedication, positive attitude, and determination to keep improving are truly commendable.
Keep aiming high — we are very proud of you!

LUNCH

Week 1

W/C 23/02, 16/03, 13/04, 04/05, 15/06, 06/07



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Creamy Mac n' Cheese V	New Cheeseburger, Salad & Wedges	Roast Chicken with Roast Potatoes	Pork sausage pasta bake Garlic bread	Fish Fingers with Chips
MAIN 2	Roasted Tomato & Basil Pasta VE	Southern Baked Halloumi Burger & Wedges V	Summer Quiche V	Tomato Meatball Calzone V	BBQ Bean & Cheese Pasty & Chips V
VEG	Garlic Bread & Peas VE	Sweetcorn VE	Spring Greens VE	Broccoli VE	Carrots & Peas or Baked Beans VE
3 RD OPTION	Jacket Potatoes & Deli	Pasta & Deli	Pasta & Deli	Jacket Potatoes & Deli	Pasta & Deli
DESSERT	Freshly Baked Shortbread VE	Chocolate & Orange Mousse V	Pineapple & Coconut Upside Down Cake V	New Peaches & Meringue Yoghurt Fool V	New Chocolate & Banana Pot V

AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole) (VE), flavoured yoghurts (V) as well as freshly baked bread (V) & seasonal salad bar (VE). Third option includes vegan and vegetarian items.

MENU KEY

VE Vegan and Planet Friendly

V Vegetarian

New New Dish



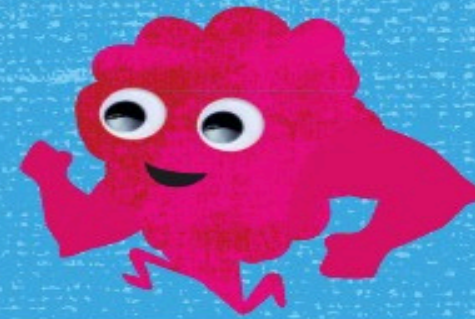
Quorn



LUNCH

Week 2

W/C 02/03, 23/03, 20/04, 11/05, 01/06, 22/06, 13/07



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Korean Style Noodles V	New Build your Own Chicken Wrap, Rice	Roast Chicken with Roast Potatoes	Traditional Beef Lasagne, Foccacia	Fish & Chips
MAIN 2	Leek, Cheese & Potato Pie VE	New Build your Own Cheesy Wrap, Rice V	Golden Plant Sausage Roll, Roast Potatoes VE	Hearty Spaghetti & Meatballs, Foccacia V	Breakfast Wrap & Chips V
VEG	Baked Half Jacket, Crispy Cauli VE	Broccoli VE	Fresh Roast Carrots & Cabbage VE	Roasted Vegetables VE	Carrots & Peas or Baked Beans VE
3 RD OPTION	Pasta & Deli	Jacket Potatoes & Deli	Pasta & Deli	Jacket Potatoes & Deli	Pasta & Deli
DESSERT	Freshly Baked Cookie VE	Fruity Jelly Crunch Pot V	Peach Crumble Pudding V	Lime & Coconut Sponge VE	Summer Fruit Split V

AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole) (VE), flavoured yoghurts (V) as well as freshly baked bread (V) & seasonal salad bar (VE). Third option includes vegan and vegetarian items.

MENU KEY

VE Vegan and Planet Friendly

V Vegetarian

New New Dish



LUNCH

Week 3



W/C 09/03, 27/04, 18/05, 08/06, 29/06

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Cheese & Tomato Pizza V	Southern Baked Chicken & Wedges	Roast Chicken with Roast Potatoes	Beef Pasta Bolognese Foccacia	Fish Fingers & Chips
MAIN 2	Crispy Potato Shells, Tomato Sauce VE	Chilli Bean Tortilla Stack VE	New Summer Veg Tacos & Roast Potatoes VE	New Cheesy Garlic Bread Pizza V	Crispy Quorn Nuggets & Chips VE
VEG	New Potatoes & Green Beans VE	Sweetcorn VE	Carrots & Peas VE	Broccoli VE	Carrots & Peas or Baked Beans VE
3 RD OPTION	Jacket Potatoes & Deli	Pasta & Deli	Pasta & Deli	Jacket Potatoes & Deli	Pasta & Deli
DESSERT	Chocolate Cornflake Cake VE	Ginger Cake VE	New Summer Fruit Cobbler V	New Cinnamon Apple Swirl V	New Iced School Cake VE

AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole) (VE), flavoured yoghurts (V) as well as freshly baked bread (V) & seasonal salad bar (VE). Third option includes vegan and vegetarian items.

MENU KEY

VE Vegan and Planet Friendly

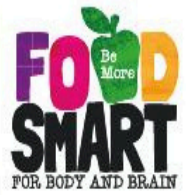
V Vegetarian

New New Dish



LUNCH

Week 1



W/C 23/2, 13/4, 4/5, 15/6, 6/7

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	 Creamy Mac'n'Cheese V	 New Cheeseburger Salad & Wedges	 Roast Chicken with Roast Potatoes	 Pork Sausage Pasta Bake Garlic Bread	 Fish Fingers with Chips
MAIN 2	 Roasted Tomato & Basil Pasta VE	 Southern Baked Halloumi Burger & Wedges V	 Summer Quiche V	 Tomato Meatball Calzone V	 BBQ Bean & Cheese Pasty & Chips V

AVAILABLE DAILY

Jacket potatoes, pasta & deli are available to order via your payment system. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

MENU KEY

VE Vegan and Planet Friendly

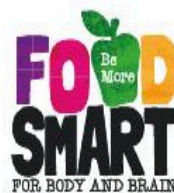
V Vegetarian

New New Dish

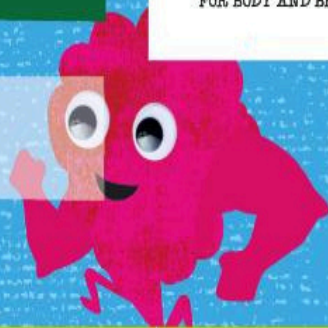


LUNCH

Week 2



W/C 02/03, 23/03, 20/04, 11/05, 01/06, 22/06, 13/07



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	 Korean Style Noodles V	 New Build your Own Hot Chicken Wrap, Rice	 Roast Chicken with Roast Potatoes	 Traditional Beef Lasagne, Focaccia	 Fish & Chips
MAIN 2	 Leek, Cheese & Potato Pie V	 New Build your Own Cheesy Wrap V	 Golden Plant Sausage Roll, Roast Potatoes VE	 Hearty Spaghetti & Meatballs, Focaccia V	 Breakfast Wrap & Chips V

AVAILABLE DAILY

Jacket potatoes, pasta & deli are available to order via your payment system. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

MENU KEY

VE

Vegan and Planet Friendly

V

Vegetarian

New

New Dish



LUNCH

Week 3



W/C 9/3, 27/4, 18/5, 8/6, 29/6

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	 Cheese & Tomato Pizza V	 Southern Baked Chicken & Wedges,	 Roast Chicken with Roast Potatoes	 Beef Pasta Bolognese Focaccia	 Fish Fingers & Chips
MAIN 2	 Crispy Potato Shells, Tomato Sauce VE	 Chilli Bean Tortilla Stack VE	 New Summer Veg Tacos & Roast Potatoes VE	 New Cheesy Garlic Bread Pizza V	 Crispy Quorn Nuggets & Chips VE

AVAILABLE DAILY

Jacket potatoes, pasta & deli are available to order via your payment system. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

MENU KEY

VE Vegan and Planet Friendly

V Vegetarian

New New Dish



Special Diets Lunch Menu

Week 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Lentil and Tomato Pasta Bake  	BBQ Chicken & Rice	Roast Chicken With Roast Potatoes and Gravy	Beef Bolognese with Pasta	Crispy Chicken Goujons with Chips
2nd OPTION	Baked Potato with Baked Beans, Vegan Cheese or Coleslaw 	Lentil and Tomato Pasta  	Baked Potato with Baked Beans, Vegan Cheese or Coleslaw 	Baked Potato with Baked Beans, Vegan Cheese or Coleslaw 	Lentil and Tomato Pasta  
VEG / SIDE	Broccoli 	Sweetcorn 	Carrots 	Green Salad and Garden Peas 	Carrots & Peas Baked Beans 
DESSERT	Raspberry & Lime Cake 	Fresh Fruit Salad 	Fruit Jelly 	Fresh Fruit Salad 	Shortbread Biscuit 

WHILST RIGOROUS CONTROLS ARE IN PLACE TO MANAGE THE RISK OF CROSS CONTAMINATION, SODEXO CANNOT GUARANTEE ABSENCE OF ANY SPECIFIC ALLERGEN, OUR STAFF WILL BE HAPPY TO TALK TO YOU ABOUT WHAT WE DO IN THE KITCHEN TO REDUCE RISKS OF ALLERGEN CROSS-CONTAMINATION

DISHES MADE WITHOUT FISH, SULPHITES, GLUTEN, DAIRY, EGG, SOYA, PEANUTS, TREE NUTS, MOLLUSCS, CRUSTACEANS, SESAME, MUSTARD, LUPIN, AND CELERY CONTAINING INGREDIENTS



MENU KEY



Vegetarian



Vegan



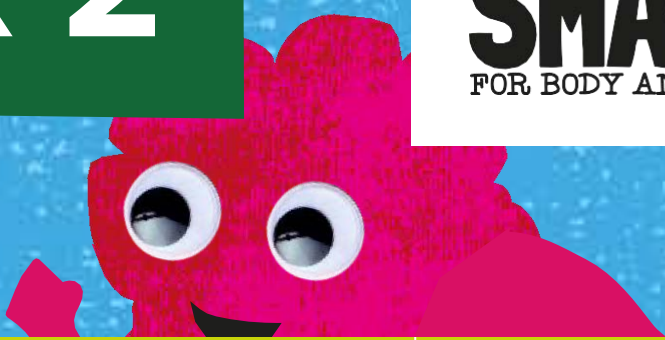
Plant+



New Dish

Special Diets Lunch Menu

Week 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Roasted Tomato & Lentil Pasta + Ve	Buffalo Chicken with Rice	Roast Chicken With Roast Potatoes and Gravy	Chickpea & Sweet Potato Curry with Rice + Ve	Margherita Pizza Ve
2nd OPTION	Baked Potato with Baked Beans, Vegan Cheese or Coleslaw Ve	Lentil & Tomato Pasta + Ve	Baked Potato with Baked Bean, Vegan Cheese or Coleslaw Ve	Baked Potato with Baked Beans, Vegan Cheese or Coleslaw Ve	Lentil & Tomato Pasta + Ve
VEG / SIDE	Peas Ve	Sweetcorn Ve	Fresh Roasted Carrots & Swede Ve	Broccoli Ve	Carrots & Peas or Baked Beans Ve
DESSERT	Vanilla Cookie Ve	Fresh Fruit Salad Ve	Fruit Jelly Ve	Fresh Fruit Salad Ve	Ginger Cake Ve

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DISHES MADE WITHOUT FISH, SULPHITES, GLUTEN, DAIRY, EGG, SOYA, PEANUTS, TREE NUTS, MOLLUSCS, CRUSTACEANS, SESAME, MUSTARD, LUPIN, AND CELERY CONTAINING INGREDIENTS



MENU KEY



Vegetarian



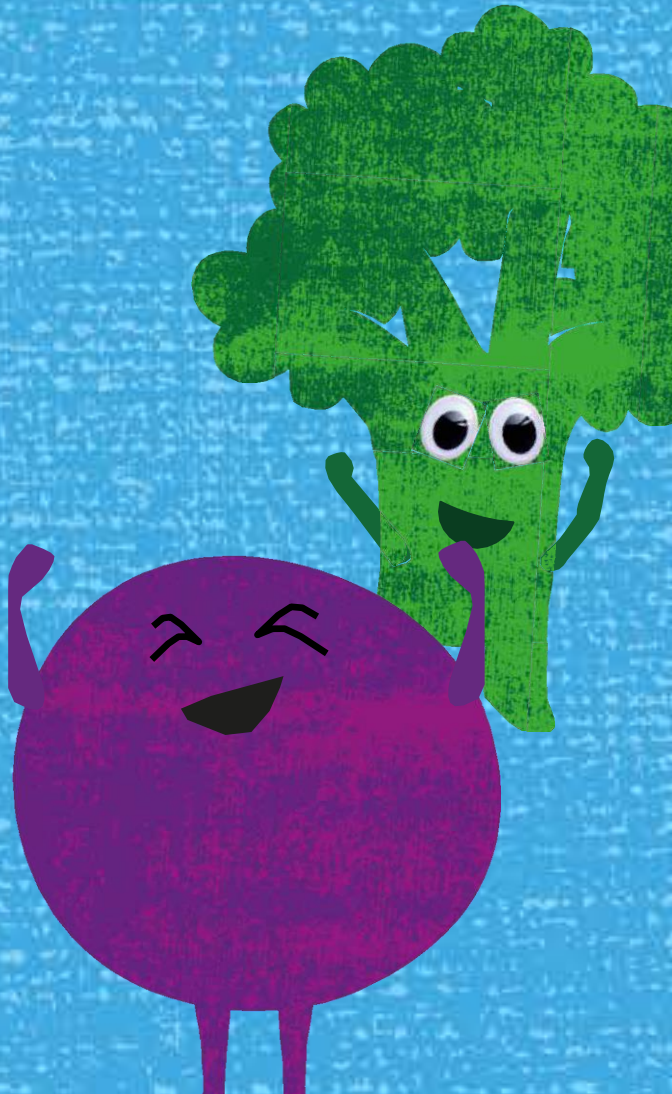
Vegnn



Plant+

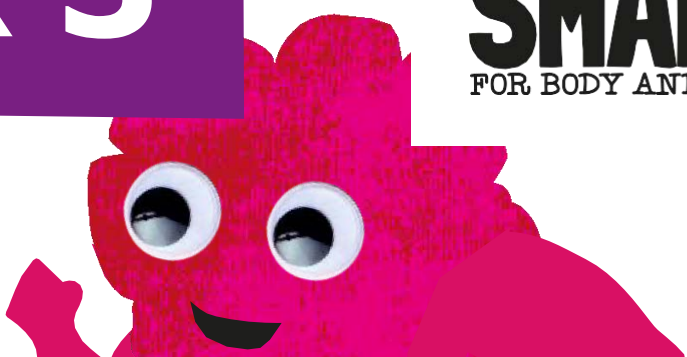


NEW



Special Diets Lunch Menu

Week 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Tomato & Lentil Pasta	NEW Lemon & Garlic Chicken with Half Jacket Potatoes	Roast Chicken with Roast Potatoes & Gravy	Beef Cottage Pie	Crispy Chicken Goujons with Chips
2nd OPTION	Baked Potato with Baked Beans, Vegan Cheese or Coleslaw	Lentil & Tomato Pasta	Baked Potato with Baked Beans, Vegan Cheese or Coleslaw	Baked Potato with Baked Beans, Vegan Cheese or Coleslaw	Lentil & Tomato Pasta
VEG / SIDE	Sweetcorn	Roasted Cauliflower	Savoy Cabbage & Roasted Squash	Green Beans	Carrots & Peas or Baked Beans
DESSERT	Iced Summer Cake	Fruit Jelly	Fruity Fruit Salad	Fresh Fruit Salad	Chocolate Shortbread

WHILST RIGOROUS CONTROLS ARE IN PLACE TO MANAGE THE RISK OF CROSS CONTAMINATION, SODEXO CANNOT GUARANTEE ABSENCE OF ANY SPECIFIC ALLERGEN, OUR STAFF WILL BE HAPPY TO TALK TO YOU ABOUT WHAT WE DO IN THE KITCHEN TO REDUCE RISKS OF ALLERGEN CROSS-CONTAMINATION

DISHES MADE WITHOUT FISH, SUPPLHITES, GLUTEN, DAIRY, EGG, SOYA, PEANUTS, TREE NUTS, MOLLUSCS, CRUSTACEANS, SESAME, MUSTARD, LUPIN AND CELERY CONTAINING INGREDIENTS



MENU KEY

V Vegetarian

Ve Vegan

+ Plant+

NEW New Dish





SPONSORED SCOOT : CHILD'S NAME _____ **CLASS** _____

[illegible]

We take your Privacy seriously at Riverbridge PTA and will only collect and use your personal information for the purpose of managing this event. We will never pass your information to any other party. On this occasion we are required to pass your information to HMRC **if you tick the Gift Aid box**. If there are any queries regarding your data held by the Riverbridge PTA, please get in touch as below.



pta.riverbridge@lumenlearningtrust.co.uk



A helping hand for a *healthier family*

Do you need help to achieve a healthy weight for your child or teenager?

Be Your Best is a funded healthy lifestyle programme for Surrey families with children & teenagers aged 5-17 years, who are above the healthy weight range.

We can help you make a positive difference to your child or teenager's health & wellbeing.

The programme is made up of one-to-one and group sessions:

Sessions include

Live cooking workshop
Meal planning for the whole family
Easy food swaps
Managing screen time
How to become an active family
Importance of sleep

One-to-one sessions

With a health & wellbeing advisor at a mutually agreed time & location

Online group sessions for parents/carers

Week days after school via Zoom

Online physical activity sessions

Group sessions via zoom or on-demand video content

"Me and my boys are really enjoying this programme and we are so grateful to be taking part." - Mum

Find out more :





HALF TERM

**JOIN US FOR
A DAY OF
CHEER FUN**

CAMP

**EMAIL ADMIN@BEASCHEER.CO.UK
TO BOOK YOUR SPACE**

THURSDAY 19TH FEB

9.30AM-3.30PM

**STUNT
TUMBLE**

£25.00

**DANCE
CRAFTS**

LIMITED SPACES

CHRIST CHURCH HALL, STAINES, TW18 1DR



junior parkrun - where everyone is



welcome

junior parkrun is a free, fun, friendly, weekly, community event organised by volunteers of all ages for children aged 4 to 14.

2k junior parkrun events take place on Sunday mornings and are for the whole community to come together to walk, jog, run and volunteer. Join in on the fun at junior parkrun!

Laleham junior parkrun

junior parkrun event:

Thames Side, Laleham, TW18 1SS

Location:

<https://www.parkrun.org.uk/laleham-juniors/>

Arrive for 0850 - prompt start at 0900

Time:



junior parkrun

Support programmes for parents & carers of children with autism

A variety of 6-part support programmes for parents and carers of children with autism (or suspected autism) are available online and in-person around Surrey. Your child must live in Surrey or attend a Surrey education setting.



Early bird programme for parents of children aged 5 years and under

- Understanding autism
- Communication
- Understanding autistic experiences
- Supporting daily living
- Health and wellbeing
- Connections

Cygnets programme for parents of children aged 5-18 years old

- Introductory session
- Overview of autism with parent and carer experience
- Thinking & sensory
- Social interaction & communication
- Understanding & supporting behaviour
- Analysing behaviour

Teen life for parents of children aged 10-16 years old

- Understanding autism
- Understanding autistic identity
- Stress, anxiety and understanding behaviour
- Health and wellbeing
- Puberty
- Education and transitioning into adulthood

Can I ask some questions?

Email us on parenttraining@freemantles.surrey.sch.uk

How do I join a course?

Please scan the QR code to register your interest & be part of our mailing list. We will email you each time a new set of courses are available for booking.

Surrey Parent Training
Programmes

