



RIVERBRIDGE REVIEW

Autumn Term

Week 8

25th October 2024

This week's parent and carer consultation meetings appear to have been positive. Many adults shared their gratitude towards the teachers for giving their time to make these meetings take place. Parents and carers were also asked to complete this year's questionnaire. To anyone that has yet to add their thoughts – please see the link below.

Make sure you complete the annual parent and carer questionnaire by following the link [here](#)

The deadline for this is Monday 4th November.

This information is also repeated in a section below just to be sure it's not missed!



Signs of Autumn have reached classrooms



Wishing those who are celebrating a happy and prosperous Diwali



Reception's Autumn Walk

Miss Cuthbert, who leads on RE shared with the school that over 200kg of food was donated during the Harvest Week. We understand that we are living in difficult financial times and are therefore overwhelmed with the generosity of our school community. This was certainly a great example of us all 'Being our Best' here!

Attached to this week's Review are the names of the first set of children who have won the 'Being Our Best Awards'. The teachers have to think long and hard about who deserve these and why they have been given. I hope that you enjoy reading the reasons for the certificates – the children can be really proud of themselves!

The school has finished for the half term holiday and I wish you all a peaceful and enjoyable break. Over the course of the next few weeks there will be different celebrations taking place. I know that Diwali is an important event for many of our families and I wish you all 'Happy Diwali'!

Fireworks may form a part of the celebrations to come. We have attached a useful leaflet to talk through with your children to ensure that they are enjoying the events in a safe way. On this note thank you to everyone in the PTA who made last weekend's Welcome Back Party such fun! Thank you to as always to the PTA for all their efforts which raised £3,000 for our school.

The next half term will start with an Inset Day on Monday 4th November.

We look forward to seeing you all again at **8.40am on Tuesday 5th November 2024.**

Attached to the end of the newsletter is next term's menu choices. These can also be found on our website under Parents and Healthy Lunches or via [here](#).

Enrichment Clubs

Year 1 – 6

After half term as the evenings will be darker, children will no longer be permitted to walk home after enrichment clubs, even if you have given permission for them to leave the classroom. From w/c 4th November an adult or person aged 16+ will need to collect them from their club.

An email with further details regarding our new dismissal process for all children taking part in a club has been shared earlier today.

Autumn Walk

Reception



Last week the children in Reception thoroughly enjoyed their walk in the nearby park looking for signs of Autumn. The children quietly searched for squirrels and found lots of different kinds of seeds that have fallen from the trees. They also discovered interesting fungi growing on the damp wood.



SEND

Whole School

Please use the link below to access the Surrey SEND and Additional Needs update:

<https://news.comms.surreycc.info/NLI/ViewHtmlEmail.aspx?a=B66C62493014A14BC4BB3A72073BE666&b=CE8B836C5A83B29BF3FBCB87D3AD58E1>

Annual Parent Questionnaire

Whole School

A reminder to have your say in the annual parent and carer questionnaire by following the link [here](#) before the end of 4th November.

Update to our Privacy Notice for Pupils, Parents and Carers

Whole School

Under data protection law, individuals have a right to be informed about how the school uses any personal data that we hold about them. We comply with this right by providing 'privacy notices' (sometimes called 'fair processing notices') to individuals where we are processing their personal data. Our Lumen Learning Trust privacy notice for pupils, parents and carers has been updated. This document can be found via this link: <https://www.lumenlearningtrust.co.uk/about-us/lumen-learning-trust-policies/general-data-protection-regulation-gdpr>.

Diwali Celebrations

Year 5



In 1A the children have been exploring the festival of Diwali. Some class members shared all of the exciting things they have planned with their lovely families and friends next week. The children decided to create their own Rangoli patterns using some of the art techniques learnt this term. The children hope you like all of the bright colours and patterns they have made!



Harvest Donation

Whole School

Manna Foodbank send their thanks for the amazing 200kg of donations that the Riverbridge community shared, all of which enables Manna to continue supporting those families in Spelthorne in need.

Children in Need

Whole School

This year we will again be supporting Children In Need by asking children to wear a spotty item with their school uniform on Friday 15th November if they would like to. Hedgehogs will be taking part on Monday 18th November. Donations are welcome via our Just giving fundraising page found [here](#). Together we can support children and young people across the UK to rebuild their lives.

Diwali Craft

ASC



The children in After School Club enjoyed making rangoli patterns and Diva lamps for Diwali as it's believed to bring luck and prosperity!



Football

Year 5 & 6

Following the recent football trials for Years 5 and 6, we are pleased to announce an A and B team for boys and an A team for the girls to represent Riverbridge in Spelthorne events. The selected children will have the opportunity to play against local primary schools in the borough. If your child has been chosen to be in one of these teams you will receive separate correspondence from the office after half term.

Training will take place at Wednesday lunchtime for the boys' A and B teams and Thursday lunchtime for the girls' A team. Please ensure that the children bring the correct kit to school on the relevant day after half term, including trainers or moulds and shin pads.

We are lucky enough to now take part in intra-trust competitions for a range of sports, therefore, there will be other opportunities for a range of children and year groups to represent Riverbridge.

We would like to remind children and parents that team selection is dependent on green behaviour being shown both at school and whilst representing Riverbridge.

Vacancies

Whole School

The Echelford Primary School is recruiting:

We are looking for a wrap around care manager to join our team. Are you highly motivated, proactive, flexible and reliable? We are looking to appoint a talented individual who can assist in providing a stimulating, creative and caring environment for children attending our after school and breakfast club. The right candidate will be joining a strong, professional team of enthusiastic staff who will work alongside you in a supportive and constructive way.

For more information please visit - <https://www.eteach.com/job/wrap-around-care-manager-1446281>

We are looking for a deputy wrap around care manager to join our team. Are you highly motivated, proactive, flexible and reliable? We are looking to appoint a talented individual who can assist in providing a stimulating, creative and caring environment for children attending our after school and breakfast club. The right candidate will be joining a strong, professional team of enthusiastic staff who will work alongside you in a supportive and constructive way.

For more information please visit - <https://www.eteach.com/job/deputy-wrap-around-care-manager-1446274>

Walton Oak Primary School is recruiting

Do you have a passion for Early Years teaching? We are looking to recruit an Early Years Teaching Assistant who is not afraid to immerse themselves in the children's play. We are looking for someone who can be flexible and support learning in a creative way. For more information please visit:

<https://www.eteach.com/job/early-years-teaching-assistant-1449982>

Riverbridge Primary School is recruiting:

We are looking to appoint an Office Assistant with a 'can do' attitude who is passionate about making a difference, to join our friendly, committed, hardworking team. For more information please see:

<https://www.eteach.com/careers/riverbridgeprimary/job/school-office-assistant-1447342>

PTA

Whole School



PTA
FRIENDS OF RIVERBRIDGE

Welcome Back Party raises £3k!

Last weekend's Welcome Back Party raised an incredible £3,000 for Riverbridge so an enormous thank you to everyone who helped out or attended. 100% of money raised will go towards events and resources to support the children's education. Our recent sweet sale at KGB also raised £84 - with another sweet sale taking place today at PAB after classes.

We'd like to say a big thank you to all of our volunteers who helped to make these events possible and to the families of Riverbridge for supporting us by attending and being so generous!

Save the date: Riverbridge Panto on Sunday 24th November

This year's Riverbridge panto will be 'Cinderella', performed at Matthew Arnold School on Sunday 24th November. Unlike previous years, there will only be one performance, a matinee at 1.30pm, so there will be a maximum of 250 tickets available. Tickets go on sale from 6pm on Friday 8th November at www.pta-events.co.uk/riverbridge - more details will come home in book bags after half term.

Order Christmas cards by Friday 1st November

Everyone should by now have received samples of your child's Christmas card designs, along with details of how you can order copies. You will have until midnight on Friday 1st November to place your orders with free delivery included. Any orders placed after that date will be charged an additional postage fee by the

Christmas card suppliers. Riverbridge school will get a 20% commission for all orders received by 1st November, with the funds raised going directly towards school resources.

PTA funds calm corners in classrooms

Riverbridge PTA has recently donated more of the funds you have raised to pay for new enhancements in the school. This includes £3,250 for teachers to spend on their rooms, including calm corners in every classroom. Another £3,000 has gone towards the new library in KGB. Thank you once again for all the support that has enabled this investment!

Stay connected with Riverbridge PTA on Facebook at www.facebook.com/groups/RiverbridgePrimarySchoolPTA or get in touch at pta.riverbridge@lumenlearningtrust.co.uk

Gold Leaves

Whole School

Thank you to the children below for ending the half term in such a positive fashion. They can be rightly proud of the efforts they have made!

Maryam A	Arthur K	Brandon SH
Anandhitha S	Rex C	Adaline G
Alex S	Preston O	Leo J
Sia B	Zoha A	Shraddha B
Samuel F	Swara P	Mia B
Annelise W	Tom M	Sushant S
Sadie R	Sofia Q	Frey A
Bianca U	Jimmie R	Livia P
Alice J	Jaxon S	Zofia B
Aviran T	Jacob M	Kayhan A
Elodie G	Daisy L	Jackson A
Larson C	Maahi K	Mehar K
Megan G	Blythe F	Cara O
Eymen O	Molly RW	Grace C (4P)
Esme F	Yichen P	Nicole K
Isabelle R	Jack J	Mary T
Laila S	Jake S	Dylan S
Scarlet S	Mufaro C	Mia H

Rainbow Awards

Nursery

Thank you to all the children in Hedgehogs and Rabbits who have made 'rainbow' choices this week. What a great way to end the half term!

Pedro P	Jayden A	Lyra K
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House Competition

Whole School

Today we shared the Being Our Best Awards for this half term. The names and reasons for each award is attached to the Review and well worth a read!

Having added all of the points together, the first 'Being Our Best Cup' was awarded. Fire House sneaked the win – gaining 17 points. Air House was a very close second with 16 points and Water House received 9 points.

Well done to all who received a certificates and to all in Fire House for taking the lead in this year's House Cup:

	45 Points		50 Points		40 Points
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Words of Wisdom

Whole School

In the weekly assemblies this year, we are finding out about a range of different people from all over the world. We will find out about their achievements and how they have overcome challenges or demonstrated any of our 8 Great Ways to Being Our Best.

Jonas Salk Scientist



On Monday, we found out about a scientific hero who went out of his way to make life better for others.

Jonas Salk was an American scientist who dedicated himself to finding a vaccine for the disease Polio.

Having discovered it, he ensured that this was made available to all for free, not just in America but across the whole world. His discovery saved countless lives.

His 'Words of Wisdom' were helpful for us all to think about:

‘What is important is that we:

Number 1: learn to live with each other

Number 2: try to bring out the best in each other.

The object is not to put down each other, but to raise the other up.

I hope that the weekend, and the half term are positive for you all!

Paul Grimwood
Headteacher

Dates for the diary...

Autumn Term 2024

Thurs 31st October

Deadline to apply for Secondary School place via Surrey County Council website

Mon 28th Oct – Fri 1st November 2024

Autumn Half Term

Fri 1st November

Deadline to order PTA Christmas cards

Mon 4th November

Inset day 3

Mon 4th November

Reception 2025 intake applications open via Surrey County Council website

Tues 5th November

Children return to school

Weds 6th November

Lunchtime training sessions start for Boys' A and B football

	teams
Thurs 7 th November	Lunchtime training sessions start for Girls' A football team
Fri 8 th November	Tickets go on sale for PTA panto from 6pm via here
Fri 8 th November	Chertsey Museum Visit – Year 1
Mon 11 th November	Reception 2025 Open Day Tour
Tues 12 th November	Reception 2025 Open Day Tour
Tues 12 th November	Odd Socks Day – more details to follow
Thurs 14 th November	PTA AGM - more details to follow
Fri 15 th November	Children in Needs – wear a spotty item
Mon 18 th November	Children in Needs - wear a spotty item: Hedgehogs
Mon 18 th November	Reception 2025 Open Day Tour
w/c 18 th November	Nursery Stay, Play and Learn – more details to follow
Tues 19 th November – Fri 22 nd November	Bristol Residential Year 6 – link to the letter here
Sun 24 th November	PTA Panto at 1.30pm
w/c 25 th November	Reception Stay, Play and Learn – more details to follow
Tues 26 th November	Freshwater Theatre Great Fire of London Visit – Year 2
Fri 29 th November	Enrichment Clubs end for Year 1 - 6
Fri 29 th November	Ufton Court Trip – Year 4 link to the letter found here
w/c 2 nd December	Year 1 Family Learning – more details to follow
Weds 4 th December	Butser Ancient Farm Trip – Year 3 a link to the letter can be found here
Mon 9 th December	Christmas Performance – Hedgehogs pm – more details to follow
Tues 10 th December	Christmas Performance – Reception am / Yr 2&3 pm – more details to follow
Weds 11 th December	Christmas Performance – Yr 4,5,6 am & pm / Yr 1 am / Reception pm – more details to follow
Thurs 12 th December	Christmas Performance – Yr 2&3 am / Yr 4,5 &6 am / Yr 1 pm – more details to follow
Fri 13 th December	Christmas Performance – Rabbits pm – more details to follow
Weds 18 th December	Christmas Jumper Day – more details to follow
Weds 18 th December	Christmas lunch – more details to follow
Thurs 19 th December	Open Classrooms – PAB – more details to follow
Fri 20 th December	End of term for children: 1.20pm KGB, 1.30pm PAB, 1.40pm Nursery
Fri 20 th December	No After School Club

Mon 23rd Dec – Fri 3rd January 2025

Christmas Holiday

Spring Term 2025

Mon 6th January

Children return to school

**Mon 17th Feb – Fri 21st
Feb 2025**

Spring Half Term

Mon 24th February

Children return to school

Fri 4th April

End of term for children: 1.20pm KGB, 1.30pm PAB, 1.40pm
Nursery

Fri 4th April

No After School Club

**Mon 7th April – Mon 21st
April 2025**

Easter Holidays

Summer Term 2025

Tues 22nd April

Children return to school

Mon 5th May

Spring Bank Holiday

**Mon 26th May – Fri 30th
May 2025**

Summer Half Term

Mon 2nd June

Children return to school

Fri 18th July

End of term for children: 1.20pm KGB, 1.30pm PAB, 1.40pm
Nursery

Fri 18th July

No After School Club

Mon 21st July

Inset day 4

Tues 22rd July

Inset day 5

Being Our Best Awards – Autumn 1

Hedgehogs

Mila MN

Connector

For great participation during group and independent learning times. Mila is always willing to show us her learning.

Rabbits

George W

Ambitious

For continuing to build on his speech and language skills. This has given George the confidence to share his thoughts with a wide range of adults within the school community.

George EH

Thinker

For sharing his thoughts and understanding of our weekly topics during our group learning times.

Elsie R

Explorer

For transitioning into her new class with confidence and engaging with a wide range of friends.

RBT

Psalm S

Compassionate

For always being so polite, kind and caring to others around you. You always arrive at school with a big smile and go out of your way to make people laugh!

RD

Aadhira C

Independent

For showing great independence when forming her letters in phonics. This term Aadhira drew detailed pictures of items she found on our park walk as well as writing their initial sound without any support.

RG

Thea S

Compassionate

For thinking about ways that you can help others every day. You listen and try your best to offer a helping hand to whoever might need it.

Cara T-S

Inclusive

For being a positive learner and including other children during independent play time.

Nick A

Compassionate

For always being kind to his classmates and wanting to help in the classroom. During independent learning time, Nick can be seen sharing with others and supporting his friends.

Finley-James S

Thinker

For often taking the time to stop and think about how you are feeling. You also think carefully about what facts you know are linked to our class topics.

1A

Oliver BC

Ambitious

For his fantastic focus in all areas of learning this term. Oliver enjoys finding new ways of explaining his understanding.

1C

George S

Compassionate

George is always kind and caring to his peers. He likes to help others take their coats off and put their water bottles away in the mornings.

1R

Roshan P

Independent

For independently moving around the classroom to access provision and consolidate his knowledge.

Navya G

Independent

For becoming more confident to complete new learning tasks across the week, always to the best of her ability.

Annelise W

Ambitious

Annelise is always trying her best in the classroom with a huge smile on her face. She does not shy away from new challenges.

Hareshna K

Compassionate

For being a kind friend - Hareshna is always there to help support her friends when something gets tricky.

2C

George F

Ambitious

George always tries his best in all of his learning. He enjoys taking on new challenges and strives to be his best.

2H

Ella P

Compassionate

Ella is a thoughtful, helpful and compassionate member of our class. She is consistently kind and respectful to her peers and has shown many of the 8 Great Ways this half term. We are very proud of you, Ella!

2P

Aaria R

Connector

For continuously looking to expand your knowledge and making links to other topics.

Ishan K

Compassionate

Ishan is kind and caring towards everyone at Riverbridge. He makes sure that everyone is included and feels welcome.

Alex V

Ambitious

Alex always shows responsibility for making progress in his learning and tries hard to be ambitious. He has regularly challenged his thinking to a deeper level this half term, particularly in maths. We are very proud of you, Alex!

Ruhaan S

Ambitious

For always trying your best in every lesson and persevering when it is tricky. You understand mistakes are okay and part of the learning process.

3BH**Poppy V****Ambitious**

For being an ambitious writer, working hard to entertain the reader and challenge yourself with new skills.
Well done!

3H**Curtis C****Thinker**

For thinking deeply during class discussions and sharing his ideas.

3L**Larson C****Connector**

For always sharing his prior knowledge of topics with the class and linking this to his new learning.

Benjamin SE**Thinker**

For sharing your knowledge clearly and always thinking deeply about the learning. 3BH love to hear your thoughts and ideas!

Diyaan D**Ambitious**

For always challenging yourself in the classroom and working hard at your home learning too.

Zoe N**Ambitious**

For always having a positive attitude and trying all tasks prior to asking for any help.

4P**Cara O****Thinker**

For always thinking deeply and sharing your ideas during our discussions. Your contributions are very valuable!

4S**Nigel C****Independent**

Well done Nigel. You have worked so hard to become more independent in your learning this half term, always having a try before you ask an adult for help.

4VP**Harry V****Independent**

Well done on showing us how respectful you have been during this half-term. We believe in you!

Archie B**Compassionate**

You are a great friend who always shows kindness to others. We are lucky to have you in 4P!

Zak K**Active**

Zak, you always play an active part in all of our learning. You share your thoughts and ideas with confidence and are always willing to have a go. Well done.

Bianca D**Independent**

For showing everyone that she can do her mathematics tasks on her own. If she is unsure, Bianca is not afraid to ask for help.
Keep it up!

5C**Lexy A****Connector Independent**

For an excellent start to your time at Riverbridge. You already display many of our school values! You have settled in well to the expectations of the class and always 'go the extra mile' with your independent work.

5T**Laylah-Anne E****Active & Ambitious**

For working really hard in class this term to make super progress in your learning.
Well done!

5W**Ruby S****Independent**

What a brilliant term you have had! You have been exemplary in your behaviour, how you apply yourself to your work, the effort you put in and how you are so kind to others. 5W is very lucky to have you!

Abi N**Independent**

For always taking care to do your best in every lesson. You take on new challenges with a 'can do' attitude and will quietly but determinately tackle any work; oftentimes extending your thinking in the topic.

Nivan A**Thinker**

For applying yourself well in all subjects, asking and answering probing questions.
Keep it up!

Mary T**Active**

You have been amazing this term! You are always actively looking to improve, you always put that little bit extra in and you have such a wonderful attitude towards school life and your learning.
Well done!

6G**Jake S****Compassionate**

Jake, you never cease to amaze us with your compassion towards everyone at Riverbridge. You are always the first to offer your support. Thank you.

6I**Dylan S****Ambitious**

For your wonderfully mature written compositions this term and for always having a growth mindset in all aspects of your learning.

6K**Vihan K****Ambitious**

For always challenging your learning throughout the school day. You have also applied your learning to help those around you. Keep it up!

Kai K**Inclusive**

Kai, no matter the time of day, or circumstances, you are always willing to support those around you and encourage them to be their best.

Maaike B**Independent**

For showing increased resilience and perseverance in your Maths learning. You now have a 'can do' attitude and it has had a real impact!

Pearl T**Thinker**

For applying your knowledge from reading to further improve your writing. You have shown a real understanding of the reader, which makes it a joy to read.

Allergy information available on request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main 1

Chicken Curry with Mixed Rice

Beef Burger in a Bun with Vegetable Cous Cous or Green Salad

Roast Chicken with Roast Potatoes and Gravy

Pasta Bolognese

Friday Fish Bar with Oven Baked Chips

Main 2

Tasty Massaman Curry with Rice and Peas (v)

Tasty Alternative Burger in a Bun with Vegetable Cous Cous or Green Salad (v)

Quorn Loaf Roast with Roast Potatoes (v)

Vegetable Lasagne (v)

Crispy Nuggets with Oven Baked Chips (v)

3rd Options

Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw

Pasta with Tomato Sauce

Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw

Pasta with Tomato Sauce

Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Vegetables

Seasonal Vegetables

Seasonal Vegetables

Seasonal Vegetables

Seasonal Vegetables

Seasonal Vegetables

Dessert

Berry Crumble Muffin

Coconut and Lime Cake

Toffee Apple Pudding

Ginger Cake

Oat and Lemon Cookie

Fruit/Yoghurt

Fruit/Yoghurt

Fruit/Yoghurt

Fruit/Yoghurt

Fruit/Yoghurt

Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

4th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 17th Feb, 10th Mar, 31st Mar

Allergy information available on request

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1				
Pork Sausages with Mashed Potato and Gravy	Spiced Bean Enchilada (v)	Roast Gammon with Roast Potatoes and Gravy	Crunchy Chicken Pie with Braised Rice	Friday Fish Bar with Oven Baked Chips
Main 2				
Veggie Sausages with Mashed Potato and Gravy (v)	Shredded Vegetable Shawarma (v)	Sticky Tomato Tart with Roast Potatoes (v)	Vegan Sausage Roll with Braised Rice (v)	Crispy Nuggets with Oven Baked Chips (v)
3rd Options				
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw
Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese	Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese	Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese	Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese	Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese
Vegetables				
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Dessert				
Fruity Sponge Oat Crumble	Fruit Jelly Pot	Cinnamon Cake	Pear Upside Down Pudding	Chocolate Cookie
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt

Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

11th Nov, 2nd Dec, 23rd Dec, 13th Jan, 3rd Feb, 24th Feb, 17th Mar

Allergy information available on request

18th Nov, 9th Dec, 30th Dec, 20th Jan, 10th Feb, 3rd Mar, 24th Mar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1				
Potato Topped Beef and Onion Pie	Ham Pizza with Potato and Red Onion Salad	Roast Chicken with Roast Potatoes and Gravy	Mac n Cheese (v)	Friday Fish Bar with Oven Baked Chips
Main 2				
Meatless Meatballs with Mashed Potato and Gravy (v)	Cheese and Tomato Pizza with Potato and Red Onion Salad (v)	Quorn Loaf Roast with Roast Potatoes (v)	Roasted Gnocchi in Tomato Sauce (v)	Crispy Nuggets with Oven Baked Chips (v)
3rd Options				
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Salmon Mayo or Coleslaw
Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese	Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese	Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese	Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese	Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese
Vegetables				
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Dessert				
Banana Yoghurt Cake	Autumn Fruit Traybake	Apple and Rhubarb Crumble with Custard	Carrot Cake	Gingerbread Selection
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt



Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

10 Top Tips for Parents and Educators

TEACHING CHILDREN FIRE SAFETY

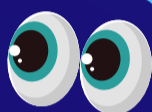
Fire safety is especially important around Bonfire Night, as fireworks, bonfires and sparklers add extra risks for families and young children. Every year in the UK, thousands of accidents occur due to improper handling of fireworks and neglecting fire safety measures. This guide offers practical tips for keeping children safe when handling everything from fireworks to space heaters.

1 BONFIRE NIGHT AWARENESS



Bonfire Night is exciting, but it comes with several inherent risks. Educate children about the dangers of fireworks and open flames. Teach them that only adults should handle fireworks and that bonfires should never be approached. Keep children at a safe distance (at least five metres away) from bonfires and explain why supervision is crucial during these events.

2 SUPERVISE FIREWORK USE



Fireworks should only be handled by responsible adults who are following UK laws and guidelines. Make sure to buy fireworks that meet British Standards and adhere to all instructions that come with them. Keep children a suitable distance from any firework activity and designate an adult to supervise the event. Ensure no one goes near fireworks after they've been lit.

3 SPARKLER SAFETY

Sparklers are often captivating for little ones, but they can burn at extremely high temperatures – over 1,000 °C! Only allow children over the age of five to use sparklers, and make sure they wear gloves. Teach them to hold sparklers at arm's length and never wave them near others. Once a sparkler has burned out, extinguish it fully in a bucket of water – which you should prepare beforehand and always keep nearby.

4 ORGANISED DISPLAYS ARE SAFER



If possible, families should attend an organised fireworks display rather than holding one at home. These tend to be far safer as they're run by professionals adhering to strict safety regulations. Organised displays also provide a controlled environment where children can enjoy the event from a safe distance, reducing the risk of accidents.

5 KEEP FIREWORKS AWAY FROM THE HOME



If you are hosting your own fireworks display, set them off well away from homes, sheds or fences to avoid starting accidental fires. Choose a wide-open space with no flammable materials nearby and keep a means of putting out fires to hand in case of emergency – such as a bucket of water, a hose or a fire extinguisher. Afterwards, ensure that all fireworks are fully extinguished and never attempt to relight one if it doesn't go off.

6 BONFIRE SAFETY



If you're building a bonfire, place it well away from trees, buildings, fences or anything else flammable. Make sure it's structurally sound and not at risk of collapsing. Only burn natural materials like wood and leaves, avoiding petrol or other accelerants. Children should be kept far away from the bonfire, and it should always be supervised by adults. Be sure to fully extinguish the bonfire before you leave it.

7 "STOP, DROP AND ROLL"



Ensure that children know what to do if their clothing catches fire. Teach them the simple "stop, drop and roll" technique, which can quickly extinguish flames. Practice this with them before events like Bonfire Night, so they feel confident if the need to use it arises. It can also be helpful to keep another means of putting out these kinds of fires on standby, just in case. An extinguisher or flame-retardant blanket are both sound choices.

8 SECURE CANDLES AND OPEN FLAMES



Beyond Bonfire Night, everyday fire safety is also crucial. Candles can be a common fire hazard, especially in homes with young children. Teach children not to touch any open flames, and ensure candles are placed in sturdy holders away from combustible materials. Never leave candles, incense burners or other such items unattended, and always extinguish them fully before leaving a room or going to bed.

9 EDUCATE ABOUT FIREWORKS HAZARDS

Make sure children understand the dangers of playing with fire or fireworks, and how to handle such things responsibly. Emphasise that fireworks are **not** toys and can cause serious injuries when improperly used. Demonstrate the importance of treating fire with respect and the consequences of misuse, which can help temper any curiosity and any resultant dangerous behaviour.

10 FIRST AID FOR BURNS

Even if you have the best possible precautions in place, accidents can still happen. Keep a first aid kit on hand. Ensure you know how to apply basic first aid to burns, so you can teach children those techniques too. If someone suffers a burn, run it under cool water for 20–30 minutes. Never use creams or ointments, as these retain heat and can cause further damage. Instead, seek medical help if the burn is serious.

Meet Our Expert

James Whelan is an experienced health and safety expert who is a Chartered Member of the Institution of Occupational Safety and Health. He provides services to educational settings and many other industries, helping them to maintain a safe working environment.



#WakeUpWednesday

The National College

FAMILY LEARNING DAY!
STAINES LIBRARY



WEDNESDAY 30TH OCTOBER



10:30AM - RHYMETIME

11:00AM - EXPLORE LEARNING WORKSHOP

10:30AM-1:30PM - EARLY YEARS
COMMISSIONING TEAM TALK TO PARENTS
ABOUT ACCESSING FUNDED ENTITLEMENTS



11:00AM-12:00PM - FAMILY LEARNING
HALLOWEEN CRAFT AND INFORMATION ABOUT
FAMILY LEARNING COURSES



12:30PM - 2:30PM - CITIZENS
ADVICE



**Put your pumpkin out
on your rubbish
bin and we will
recycle it**





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ANXIETY TOOLKIT FOR PARENTS AND CARERS WEBINAR

SATURDAY 25TH JANUARY 2025, 10AM- 12 MIDDAY

LEARN PRACTICAL TIPS AND STRATEGIES TO HELP PARENTS AND CARERS SUPPORT THEIR CHILDREN THROUGH ANXIETY IN THIS ONLINE EVENT !

Are you feeling overwhelmed by your child's anxiety? Join us for this online event where Your Space Therapies will provide you with practical tools and strategies to help you support your child. Emma Connor, Child Psychotherapist will share valuable, easy to implement strategies to navigate through challenging situations and promote your child's well-being. Don't miss out on this opportunity to learn and connect with other parents and carers facing similar experiences. Register now and equip yourself with the **tools** to better understand and manage anxiety in your child.

Price: £27.80

For more information and booking please scan the QR code:



Bridging Digital Divides

A workshop for young people & parents/carers about online safety

Meet the Leaders!



Dr Emily Setty
Senior Lecturer in
Criminology
University of Surrey



Jonny Hunt
Lecturer -
Childhood and Youth
University of Bedfordshire



Dr Robyn Muir
Lecturer in Media &
Communications
University of Surrey



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Santa Fun Run 2024



Help us care this Christmas
Festive fun with family and friends

10%
discount for
groups
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Run, jog or walk 5K and raise money for your local Hospice.

Sunday 8 December at Bushy Park.

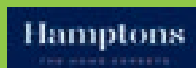
Sunday 15 December at Sandown Park

Racecourse followed by a Christmas Market.

9.30am for a 10.00am start.



Scan the QR code or visit
pah.org.uk/santafunrun



Princess Alice
Hospice

